

"Do not let the behavior of others destroy your inner peace."
— Dalai Lama

"When we constantly judge every tiny event, we lose complete perspective over the spontaneities of life." - Dally Zen

When we let the behavior of others destroy our inner peace, we further kill our spontaneity and spirit.

Let your inner child be spontaneous daily and often during the day.
Free yourself from the tyranny of our own judgement and the judgement of others.

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